

TONNA G. PALLAS, LCSW

QUALIFICATIONS

- Experience working with adolescent and adult survivors of trauma and sexual abuse
- Experience with a multi-cultural population in individual, couple, family, and group therapy
- Experience working with grief and loss
- Trained in EMDR Levels I and II
- Maintains collaborative and networking relationships to support survivors of sexual assault
- Case management experience including work with caseworkers, probation officers, educators, child placement agencies, attorneys, and attending court
- Experience interviewing with newspaper and television media regarding sexual assault
- Conducts training in various community settings regarding a variety of mental health topics including parenting teenagers, coping with anxiety and depression, coping with vicarious trauma, establishing healthy professional boundaries, and prevention of, and sensitive response to, sexual assault.
- Conducts training regarding sensitive response to sexual assault to law enforcement victim advocates
- Conducts training with the Ending Violence Against Women Project
- Facilitation of team building with various professional groups
- Provides ongoing clinical supervision and consultation
- Extensive research in the historical roots of racism, classism and sexism resulting in co-editing college history text, The Power of Many Voices, 1995

EDUCATION

Ongoing continuing education including:

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| • Psychobiological Approach to Couples Therapy, Stan Tatkin, Psy.D. | 2015 | |
| • Beyond Mindfulness: The IFS Approach, Richard Schwartz, Ph.D. | 2014 | |
| • Neurobiology of Trauma Made Simple, Shelley Uram, MD | 2013 | |
| • Motivational Interviewing, William Matulich, Ph.D. | 2013 | |
| • Attachment Focused Family Therapy, Dan Hughes, Ph.D. | 2013 | |
| • Brainspotting, Margot Nacey, Ed.D. | 2012 | |
| • Children, Families and Trauma, Kenneth Hardy, Ph.D. | 2012 | |
| • Role of Rhythm/ Action Brain Development, Bessel van der Kolk, M.D. | 2012 | |
| • Mating in Captivity, Esther Perel | | 2011 |
| • Applied Suicide Intervention Skills Training, Betty Peffer | 2011 | |
| • Compassion Fatigue, J. Eric Gentry, Ph.D. | 2010 | |
| • Treating Trauma and Attachment Issues in Children and Families | 2010 | |
| • Combat Stress and PTSD, Michael Rank, Ph.D. | 2009 | |
| • Dialectical Behavior Therapy, Josh Smith, MSW, LMSW | | 2009 |
| • The New Science of Love, Susan Johnson, Ph.D. | 2009 | |
| • Strategic Marriage and Family Therapy, Cloe Madanes | 2008 | |
| • Effectively Utilizing EMDR with Any Age Child or Adolescent, G. Smith | 2008 | |
| • Couples on the Brink, William Doherty, Ph.D. | 2008 | |
| • The New Rules of Marriage, Terrence Real, LICSW | 2007 | |
| • Long Term Effects of Divorce, Judith Wallerstein, Ph.D. | 2007 | |
| • Introduction to Somatic Experiencing Therapy, Diane Poole Heller | 2006 | |
| • Emotionally Focused Couple Therapy, Susan Johnson, PhD | 2006 | |
| • EMDR Level I and Level II Training | 2005 | |
| • Complicated Mourning and Trauma Loss, Alan Wolflet, PhD | 2005 | |
| • Toward Healthy Sexuality: Recovery from Abuse & Addictions | 2005 | |
| • The Trauma Reflected Self, Daniel Glaser, presenter | 2005 | |
| • Spirituality and Trauma, Peter Levine, PhD, presenter | 2004 | |
| • Clinical Supervision Training, National Association of Social Workers | 2004 | |

- Trauma, Mind and the Body, Bessel van der Kolk, MD, 2003
- Bystander Intervention and Making Connections, Jackson Katz 2003
- Secondary Trauma Resiliency Training, Henry Tobey, PhD, 2002
- Complex Psychological Trauma and PTSD, John Briere, PhD, 2002
- Rosenberry Conference: Treating Unmanageable Adolescent 2001

Family Therapy Training Center of Colorado, 1998-2000
 Completed: All course work and 300 hrs client contact, 56 hrs supervision

University of Denver
 Masters Degree of Social Work, 1999

Metropolitan State College of Denver
 Bachelor of Science Degree in Social Work, May 1998

EMPLOYMENT

- 1/02 – Present: Private Clinical Practice focusing on individuals, couples, and families
 3/07 – 5/14, and
 3/15 – Present: Adjunct Faculty, University of Denver Graduate School of Social Work Trauma Cert.
 11/02 – 2/07: Rape Assistance and Awareness Program
 Individual and group therapy for adolescent and adult survivors of sexual assault;
 clinical supervision, community training, networking, and collaboration
- 9/99 – 11/01: Clinician, Shiloh Home, Inc.
 Individual, group, and family therapy focusing on adolescents in Residential Treatment,
 Day Treatment, and as outpatients
- 8/99 – 7/00: Family Therapy Training Center of Colorado:
 Individual and family therapy with adolescents in Therapeutic Foster Homes
- 8/95 – 9/99: Group Living Counselor, Excelsior Youth Center

PROFESSIONAL MEMBERSHIPS

- 2008 – present: American Association of Marriage and Family Therapists
 1999 – present: National Association of Social Workers