

# Lindsey M. Spraker, LCSW, CTRS

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## EDUCATION

*Licensure: Licensed Clinical Social Worker #2081*

Issued: 4/2012

*University of Denver*

Denver, CO

Master of Social Work

June, 2009

Concentration: Clinical Track: High Risk Youth Certification: Animal Assisted Social Work

CGPA 3.87

Program Nationally Accredited by CSWE

*University of Wisconsin – La Crosse*

La Crosse, WI

Bachelor of Science in Therapeutic Recreation

May, 2006

Minor: Psychology

CGPA 3.69

Program Nationally Accredited by NRPA/AALR

Dean's List

## SOCIAL WORK RELATED EXPERIENCE

*Lifelong Adult Education Services, Inc.*

Denver, CO

**Therapist**

1/10 – Present

- Provide therapy, case management, and child protection services to families, children, and adults with disabilities.
- Complete SSI screenings, psycho-educational screenings, comprehensive assessments, and academic testing.
- Provide consultation and education services to outside professionals, agencies, and their staff members.

*University of Denver*

Denver, CO

**Adjunct Faculty**

8/11 - Present

- Provide quality learning opportunities assisting students in meeting their educational goals and career aspirations.

*Creative Perspectives, Inc.*

Englewood, CO

**Interventionist**

8/09 – 12/09

- Provided 1:1 center-based and community-based interventions for clients with Autism Spectrum Disorder.
- Created developmentally appropriate goals for individual clients to enhance independence and success in daily living.

*Department of Human Services – Family Crisis Center*

Denver, CO

**Graduate Intern**

8/08 – 5/09

- Assisted in program development, co-facilitated groups, established therapy goals and future placement options for clients.
- Developed Affective Education curriculum, created animal assisted program, and worked with individual clients and groups.

*University of Denver*

Denver, CO

**Graduate Research Assistant**

10/08 – 2/09, 11/07 – 4/08

- Conducted research surveys on homeless young adults regarding correlation between mental health and past abuse/trauma.
- Conducted research surveys on homeless young adults focusing on transiency, education levels, and mental health issues.

*Colorado Youth at Risk*

Denver, CO

**Graduate Intern**

9/07 – 5/08

- Facilitated and organized a group of youth regarding Leader's Challenge events and meetings.
- Assisted with donation and grant requests, fundraising events, and overall youth involvement in the program.

*Riverfront, Inc.*

La Crosse, WI

**Service Associate/Team Scheduler**

8/05 – 8/07

- Responsible for creating beneficial companionship and leisure alternatives including fitness, crafts, games, and socialization to participants with developmental disabilities, Multiple Sclerosis, Traumatic Brain Injuries and other special needs.
- Ensured that each client had the correct staff, arriving at the correct time, and for the correct purpose.

*Family & Children's Center* Holmen, WI  
**Therapeutic Recreation Intern** 1/06 – 5/06  
 • Conducted duties of a CTRS in a Day Treatment facility for youth at-risk ages 8-16 over a period of sixteen weeks.  
 • Planned, organized, and facilitated therapeutic recreation groups connecting Leisure Awareness, Leisure Education, Leisure Resources and Social Skills with clients' thoughts, behaviors, goals and outcomes.

*A.B.L.E., Inc.* Houston, MN  
**Direct Service Provider** 8/05 – 10/05  
 • Provided residents with daily cares including ADL's, ROM requirements, and goal implementation.

*UW-La Crosse Therapeutic Recreation Program* La Crosse, WI  
**Kids on the Block Puppeteer** 10/04 – 5/05  
 • Performed shows at various schools educating elementary school-aged youth about children and adults with disabilities.

*YMCA of La Crosse* La Crosse, WI  
**Surround Care Teacher** 1/03-5/03, 9/04-3/05  
 • Supervised elementary youth (ages 4-10) doing activities such as arts, board/card games and athletics.  
 • Conducted behavior modification, appropriate social skills and emotional expression education.

*Central Wisconsin Center for the Developmentally Disabled* Madison, WI  
**Special Activities Helper** 6/04 – 8/04  
 • Responsible for resident (ages 40 and up) recreation including games, crafts, community outings, money management, leisurely walks, and appropriate social interaction.

*Horse Sense for Special Riders* La Crosse, WI  
**Activity Assistant** 9/03 – 10/03  
 • Helped riders with special needs in advancing cognitive, physical, sensory, and social skills through encouragement, support and direction.

*Cerebral Palsy Agency of Racine – Camp Kinder* Racine, WI  
**Camp Director, Lead Counselor** 1/04, 6/99 – 8/03  
 • Responsible for the health and happiness of children (ages 3-21) with Cerebral Palsy, Multiple Sclerosis, Down syndrome, ADHD, and Autism during the summer through games, crafts, swimming, respite overnights, and special events.  
 • Supervised and delegated responsibilities to counselors and staff each day.

**RELATED EXPERIENCE**

*Colorado Youth at Risk* Denver, CO  
**Mentor** 6/08 – Present  
 • Assisted one youth in academics and future planning, attend monthly workshops, and provided overall support and guidance.

**CERTIFICATIONS**

Certified Therapeutic Recreation Specialist (CTRS) 12/2006 - 12/2016  
 • National Council for Therapeutic Recreation Certification

**WORKSHOPS/IN-SERVICES**

Diagnosis with DSM-5 and ICD July 20, 2013  
 Spousal Assault and Risk Assessment (SARA) June 3, 2013  
 Offender Evaluation May 16, 2013  
 DVRNA Training May 15, 2013  
 DVOMB Current Standards Training April 26, 2013  
 The Effects of Trauma and PTSD on Persons with Intellectual Disabilities January 25, 2011  
 Advanced Animal Abuse Forensic Evaluators – Link Training April 27 – April 28, 2011

**REFERENCES**

*Available upon request.*