Speaking To Your Child About Sexuality/Hablando sobre sexualidad con sus hijos (March 14, 2018)

Early Childhood Education and Prevention Services/Eduacion de ninos y Servicios de prevencion

Planned Parenthood of the Rocky Mountains, Inc. https://www.plannedparenthood.org/planned-parenthood-rocky-mountains is an organization committed to delivering the highest quality reproductive health care, teaching responsible and age-appropriate sexuality education and have been working diligently to protect a woman’s right to choose.

Planned Parenthood of the Rocky Mountains, Inc. https://www.plannedparenthood.org/planned-parenthood-rocky-mountains es una organizacion dedicada a ofrecer servicios de salud reproductiva de la mas alta calidad, ensenando educacion sobre sexualidad responsable y es una organizacion dedicada a ofrecer servicios de salud reproducion apropiada para cada edad y que estado trabajando para proteger el derecho de elegir de la mujer.

Denver Safe https://www.denvercac.org/what-we-do/keep-children-safe/denver-safe-start from the Start Program is a program launched by DCAC that offers a website of resources for parents and teachers to use to talk to their children about consent and safety.

Teen Pregnancy and Prevention Services/Embarazo en Adolescentes y Servicios de Prevencion

Stay Teen www.stayteen.org Stay Teen is an online resource for teenagers that provides education regarding sex, relationships, abstinence, and birth control with the goal of reducing teen pregnancy. Stay Teen has interactive games, articles and resources for young people.

Stay Teen www.stayteen.org es una pagina que ofrece educacion sobre sexo, relaciones, abstinencia, y anticonceptivos con el objetivo de reducir el embarazo en adolescentes. Tiene juegos interactivos, articulos, y recursos para los jovens.

Florence Crittenton Services https://flocritco.org/ is a nonprofit school that educates, prepares, and empowers teen mothers and their children to become productive members of the community.

Florence Crittenton Services https://flocritco.org/ es una escuela de beneficencia que educa y prepara a losas madres adolescentes y a sus hijos para que sean miembros productives de la comunidad.

Planned Parenthood of the Rocky Mountains, Inc. https://www.plannedparenthood.org/planned-parenthood-rocky-mountains/information-teens Did you know that in Colorado, you can text your questions on sexuality and get informed and educated answers? In Colorado, text ICYC to 57890

Planned Parenthood of the Rocky Mountains, Inc https://www.plannedparenthood.org/planned-parenthood-rocky-mountains/information-teens Sabias que en Colorado puedes mandar por texto tus preguntas sobre sexualidad y obtener informacion autorizada? En Colorado, habla por texto con ICYC al 57890

MotherWise https://motherwisecolorado.org/ is a program for new mothers that teaches healthy relationships and practical skills for communicating with partners, family, and co-workers.

MotherWise https://motherwisecolorado.org/ es un programa para nueves madres ensenando sobre relaciones saludables y sobre tecnicas practicas de comunicacion con companeros, familiares y asta companeros de trabajo.

Mental Health/Salud Mental
Centrodones (part of Jefferson Center for Mental Health) 720-220-2000
Servicio de la Raza 303-458-5851
Clinica Family Health 303-650-4460
Denver Children’s Advocacy Center https://www.denvercac.org/ 303-825-3850 (DCAC) signed a memorandum of understanding with the Denver Police Department, the Denver District Attorney’s Office and the Denver Department of Human Services to conduct all forensic interviews of children who have experienced sexual abuse or witnessed homicide or a violent crime. Our Forensic Interview Program is designed to help children feel as safe and comfortable as possible as they work with members of our multi-disciplinary team.

Books/Libros

Es Alucinante!/It's So Amazing! by Robie H. Harris and Michael Emberly. Spanish book about pregnancy for children aged 2-4. Escrito por Robie H. Harris y Michael Emberly. Libro en Español sobre el embarazo, para niños de 2-4

Sexo...Qué es?/It’s Perfectly Normal by Robie H. Harris and Michael Emberly. Spanish language book that provides information about sexuality, puberty, sexual abuse, and pregnancy for children ages 5-6 years old. Escrito por Robie H. Harris y Michael Emberly. Libro que proporciona información sobre sexualidad, pubertad, abuso sexual y embarazo para niños de 5-6.

Online Resources and References/Recursos y Referencias En Línea


Guttmacher Institute “American Adolescents Sources of Sexual Health Information.” https://www.guttmacher.org/factsheet/facts-american-teens-sources-information-about-sex


Jennifer Paz, M.Ed., Psy.D.
Senior Program Associate, Latinx Psychology Specialty
Graduate School of Professional Psychology
2450 S. Vine Street
Denver, CO 80208
Email: jennifer.paz@du.edu